



THE CENTER

# Anda Hobai

Detailed Map of My Inner Journey

## Formal Education

- 2016-2019 . Holistic counseling for personal development – Working with People training - ANC SIAF Italy
- 2001-2002 . Public Relations and business communication - Academy of Economic Studies of Bucharest
- 1992-1998 . Architecture and Urbanism - Ion Mincu University and Urbanism of Bucharest

## Certificated Trainings [ 1324hours ]

- 2019 . Family Constellation facilitator training – Claus Kosta (on going)
- 2019 - Self-confidence and self-realization counseling advanced training – Rafia &Turyia
- 2019 - Relationship counseling advanced training – Rafia &Turyia
- 2017 - Holistic counseling for personal development Working with People training ANC SIAF – Rafia &Turyia
- 2016 . Counseling for personal Development – ANC accredited
- 2016 . CranioSacral therapy Training 1,2 - Tad Wanveer, Rita Benamor

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- 2015 . Tantra training 1 – Homa & Mukto
- 2013 . Supervision Marathon MetaSysteme coaching – Alain Cardon
- 2014 . Acuenergetics Training 1,2,3 – Kevin Farrow
- 2014 . Humaniversity Tanju teenagers training – Chandrika
- 2014 . The psychology of Education – Florin Colceag
- 2014 . AUM meditation leader training – Humaniversity
- 2013 . Primal Therapy training part 1 – Premarta & Svarup
- 2013 . Social meditation leader training – Chandrika
- 2012 . Train the trainers – ANC accreditation
- 2012 . Wellness week training – Sangitama
- 2012 . Fundamentals of Systemic Coaching - Alain Cardon
- 2009 . Fundamentals of Feng Shue, Vastu – Teodor Vasile
- 2009 . USUI Reiki Ryoho 1, 2, 3 – Teodor Vasile

## Emotional and spiritual transformation seminars [ 1038 hours ]

- 2019 . Feel my body – Sangitama
- 2018 . BioDynamic Breath work – Giten
- 2015 . Barakah Basic Trust – Rafia & Turyia
- 2015 . Man and women on Path of Love – Halima
- 2014 . Path of Love – Samved
- 2014 . Body knowledge and expression – Sangitama
- 2014 . One to one individual counseling sessions – Sangitama
- 2014 . Totality group – Geetenand
- 2014 . Counseling skills – Ghanda
- 2013 . Tantra sexual Deconditioning – Premarta & Svarup
- 2013 . Primal childhood deconditioning - Premarta & Svarup
- 2013 . Mama – Papa Humaniversity primal – Chandrika
- 2012 . Totality group – Geetenand

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- 2012 . Tantra life Training – Radha
- 2012 . Who am I and where am I going? – Gandha
- 2012 . Je t'aime! The art of love. – Prem Dip
- 2011 . Humaniversity Encounter – Geetenand
- 2011 . Power of love – Geetenand
- 2011 . Art of relating – Muskan
- 2011 . AUM marathon – Veeresh
- 2010 . Humaniversity Tourist program – Prem Yogini
- 2010 . Femininity Group – Muskan
- 2009 . Shivananda Youga Vedanta retreat – Austria
- 2009 . Holotropic Breathing – Horia si Elena Francisc

## Leading, co-leading and staffing [ 542 hours ]

- Dancing Essence seminars - leading
- Awareness, self-development, bodywork seminars - leading
- Active and silent Meditation classes - leading
- Path of Love – staffing
- Psychology of meditation – staffing
- AUM meditation – co-leading, staffing
- Primal deconditioning – staffing
- Tanju teenager training - staffing